



AUGUST 2026 National Wellness Month National Black Business Month

No walk-ins are accepted
 Pre-registration or private appointments only
 Appointments booked 7 days/week
 Parties booked Friday - Sunday
 Tours by appointment all days

www.floorplaystudio.com
 Text: 302-307-9158
 dance@floorplaystudio.com

Suite 202
 Pole Studio

70-min, Live Classes:
 Single drop-in \$30
 Five/\$125, Ten/\$225

Playgrounds (Practice Time)
 One/\$14, Ten/\$125, Twenty/\$200
 expires in three and six months

Clifford Brown Jazz Festival (August 2-8)

Delaware Chinese Festival (August 7-9)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 3:05p Climbing 4:30p Playground	27 <i>Day 4: Juliettes & Leggydos</i> 5:55pm Kitten Heels 7:20p Frame & Foundation (Valkyrie) 8:45p Pole 2	28 5:55p Playground 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Newcomer Pole ^{4/8}	29 3:05p Pole 2 4:30p Playground 5:55p Basework/Fluidity (Aryssa) ^{lvl 2.5} 7:20p Playground	30 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	31 4:30p Playground 5:55p Pole Mechanics (Tess) ^{lvl 2+} 7:20p Inversion Training (Tess) ^{lvl 2.5}	1 1:40p Inversion Training (Ruth) ^{lvl 2.5} 3:05p Playground 4:30p Newcomer Pole ^{4/8}
2 3:05p Pole 2 4:30p Playground	3 7:20p Frame & Foundation (Valkyrie)	4 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing	5 3:05p Pole 2 4:30p Playground 5:55p Basework/Fluidity (Aryssa) ^{lvl 2.5}	6 9:25a Soft Strength: Stretch & Flow 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	7 4:30p Playground 5:55p Intro to Pole 7:20p Pole Mechanics (Tess) ^{lvl 2+}	8 3:05p Playground 4:30p Climbing
9 3:05p Pole 2 4:30p Playground	10 5:55p Intro to Pole 7:20p Frame & Foundation (Valkyrie)	11 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing	12 3:05p Pole 2 4:30p Playground 5:55p Basework/Fluidity (Aryssa) ^{lvl 2.5}	13 9:25a Soft Strength: Stretch & Flow 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	14 4:30p Playground 5:55p Newcomer Pole ^{2/8} 7:20p Pole Mechanics (Tess) ^{lvl 2+}	15 3:05p Playground 4:30p Climbing
16 3:05p Pole 2 4:30p Playground	17 5:55p Newcomer Pole ^{2/8} 7:20p Frame & Foundation (Valkyrie)	18 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing	19 3:05p Pole 2 4:30p Playground 5:55p Basework/Fluidity (Aryssa) ^{lvl 2.5}	20 9:25a Soft Strength: Stretch & Flow 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	21 4:30p Playground 5:55p Newcomer Pole ^{3/8} 7:20p Pole Mechanics (Tess) ^{lvl 2+}	22 3:05p Playground 4:30p Climbing
23 3:05p Pole 2 4:30p Playground	24 5:55p Newcomer Pole ^{3/8} 7:20p Frame & Foundation (Valkyrie)	25 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing/Test Out for lvl 2	26 3:05p Pole 2 4:30p Playground 5:55p Basework/Fluidity (Aryssa) ^{lvl 2.5}	27 9:25a Soft Strength: Stretch & Flow 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	28 4:30p Playground 5:55p Newcomer Pole ^{4/8} 7:20p Pole Mechanics (Tess) ^{lvl 2+}	29 3:05p Playground 4:30p Climbing/Test Out for lvl 2
30 3:05p Pole 2 4:30p Playground	5:55p Newcomer Pole ^{4/8} 7:20p Frame & Foundation (Valkyrie)	1 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing/Test Out for lvl 2	2	3	4	

Pole Technique Levels: Pole Foundations (lvl 1), Climbing (lvl 1.5), Pole 2, It's Tricky (lvl 2+), Pole Mechanics (lvl 2+), Inversion Training (lvl 2.5), Pole 3 (lvl 3), Pole Tricks (lvl 3+)

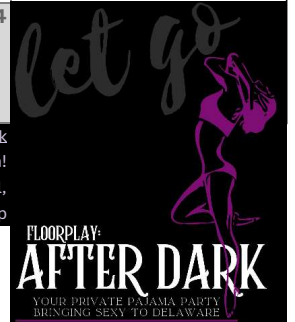
Pole Dancing Levels: Kitten Heels & Floorwork (lvl 1+), Box Work (lvl 2), Western Exotic Flow (lvl 2+), Basework & Fluidity (lvl 2+)

Pole Styling Classes: Low Flow, Lyrical Pole, Spin Pole Flow, Hard Pole

All classes are drop-in friendly unless noted as a series with ^{3/4}, for example, depicting the third class within a four-week series.

Italicized classes are Choreography
 Pink Classes require exotic platform shoes

Floorplay: After Dark
 Every 3rd Friday of the month!
 Pajamas party, theme optional,
 desserts included, 18+, \$15 pp



302-307-9126

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Suite 201 - Yoga Nest & Dance Hall

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:30p Playground 5:55pm Social Dance Mix Learn ChaCha, Swing, and	7:20p Belly Dance (Khuzama) - Annex	5:55p Playground - Annex 5:55p Chair Dance - Hall	1pm Country Line Dance 2 & 4 4:30p Playground 7:20p Club Latin Mix begins the 15th Learn Salsa, Bachata, and More 7:20p Playground	5:55p Hula Hoop (Lindsay) - Hall 7:20p Strong & Bendy (Valkyrie) - Annex	4:30p Playground - not the 31st 7:20p Beginner West Coast Swing no class on the 3rd	1pm Baptiste Power Yoga 3pm Glow & Groove Line Dance 1st, 3rd, 5th Saturdays (Hazel) 2nd Sat / 3:30p WCS Practice

Partner Dance Key: Total Beginner, lvl 0 / Advanced Beginner, lvl 1 / Confident Beginner, lvl 1.5 / Intermediate, lvl 2 / High Intermediate, lvl 2.5 / Advanced, lvl 3