



# JULY 2026 Disability Pride Month

No walk-ins are accepted  
 Pre-registration or private appointments only  
 Appointments booked 7 days/week  
 Parties booked Friday - Sunday  
 Tours by appointment all days

www.floorplaystudio.com  
 Text: 302-307-9158  
 dance@floorplaystudio.com

**Ice Cream Month**   **Picnic Month**   **Family Fun Month**

Suite 202  
 Pole Studio

70-min, Live Classes:  
 Single drop-in \$30  
 Five/\$125, Ten/\$225

Playgrounds (Practice Time)  
 One/\$14, Ten/\$125, Twenty/\$200  
 expires in three and six months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 3:05p Newcomer Pole <sup>4/8</sup> 4:30p Playground	29 7:20p Belly Dance (Khuzama) - Anna 7:20p Playground 8:43p Climbing/Rest Out to Pole	30 4:30p Playground 5:55p Flex Appeal (Thea) 5:55p Pole 2 7:20p Low Flow (Ashley) <sup>M2</sup> Special July 4 <sup>th</sup> "Firework" choreo	1 3:05p Climbing 4:30p Playground	2 5:55p Hula Hoop (Lindsay) - Hall 5:55p Train Your Range 5:55p It's Tricky (Ashley) <sup>M2+</sup> 7:20p Pole Tricks (Claire) <sup>M3+</sup>	3 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) <sup>2+</sup>	4 <b>Independence Day</b>
5 3:05p Climbing 4:30p Playground	6 5:55pm Kitten Heels 7:20p Belly Dance (Khuzama) - Anna 7:20p Playground 8:45p Pole 2	7 5:55p Flex Appeal (Thea) 7:20p Low Flow (Ashley) <sup>M2</sup> 8:45p Intro to Pole	8 3:05p Climbing 4:30p Playground 5:55p Heels Choreo (Aryssa) <sup>M2</sup>	9 5:55p Hula Hoop (Lindsay) - Hall 5:55p Train Your Range: Splits 5:55p It's Tricky (Ashley) <sup>M2+</sup> 7:20p Pole Tricks (Claire) <sup>M3+</sup>	10 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) <sup>2+</sup>	11 12:15p Inversion Training (Tess) <sup>2,5</sup> 1:40p Pole 3 (Tess) 3:05p BaseworkFluidity (Aryssa) <sup>M2+</sup> 4:30p Intro to Pole
12 3:05p Climbing 4:30p Playground	13 5:55pm Kitten Heels 7:20p Belly Dance (Khuzama) - Anna 7:20p Playground 8:45p Pole 2	14 5:55p Flex Appeal (Thea) 7:20p Low Flow (Ashley) <sup>M2</sup> 8:45p Newcomer Pole <sup>2/8</sup>	15 3:05p Climbing 4:30p Playground 5:55p Heels Choreo (Aryssa) <sup>M2</sup>	16 5:55p Hula Hoop (Lindsay) - Hall 5:55p Train Your Range: Backbend 5:55p It's Tricky (Ashley) <sup>M2+</sup> 7:20p Pole Tricks (Claire) <sup>M3+</sup>	17 5:55p Pole 2 7:20p Pole Mechanics (Tess) <sup>2+</sup> <b>9pm Floorplay: After Dark Wild West</b>	18 12:15p Inversion Training (Tess) <sup>2,5</sup> 1:40p Pole 3 (Tess) 3:05p BaseworkFluidity (Aryssa) <sup>M2+</sup> 4:30p Newcomer Pole
19 3:05p Climbing 4:30p Playground	20 5:55pm Kitten Heels 7:20p Belly Dance (Khuzama) - Anna 7:20p Playground 8:45p Pole 2	21 5:55p Flex Appeal (Thea) 7:20p Low Flow (Ashley) <sup>M2</sup> 8:45p Newcomer Pole <sup>3/8</sup>	22 3:05p Climbing/Rest Out to Pole 4:30p Playground 5:55p Heels Choreo (Aryssa) <sup>M2</sup>	23 5:55p Hula Hoop (Lindsay) - Hall 5:55p Train Your Range: Shoulders 5:55p It's Tricky (Ashley) <sup>M2+</sup> 7:20p Pole Tricks (Claire) <sup>M3+</sup>	24 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) <sup>2+</sup>	25 12:15p Inversion Training (Tess) <sup>2,5</sup> 1:40p Pole 3 (Tess) 3:05p BaseworkFluidity (Aryssa) <sup>M2+</sup>
26 3:05p Climbing 4:30p Playground	27 5:55pm Kitten Heels 7:20p Belly Dance (Khuzama) - Anna 7:20p Playground 8:45p Pole 2	28 5:55p Flex Appeal (Thea) 7:20p Low Flow (Ashley) <sup>M2</sup> 8:45p Newcomer Pole <sup>4/8</sup>	29 3:05p Pole 2 4:30p Playground 5:55p Heels Choreo (Aryssa) <sup>M2</sup>	30 5:55p Hula Hoop (Lindsay) - Hall 5:55p Train Your Range: Splits 5:55p It's Tricky (Ashley) <sup>M2+</sup> 7:20p Pole Tricks (Claire) <sup>M3+</sup>	31 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) <sup>2+</sup>	

**Pole Technique Levels:** Pole Foundations (lvl 1), Climbing (lvl 1.5), Pole 2, It's Tricky (lvl 2+), Pole Mechanics (lvl 2+), Inversion Training (lvl 2.5), Pole 3 (lvl 3), Pole Tricks (lvl 3+)

**Pole Dancing Levels:** Kitten Heels & Floorwork (lvl 1+), Box Work (lvl 2), Western Exotic Flow (lvl 2+), Basework & Fluidity (lvl 2+)

**Pole Styling Classes:** Low Flow, Basework & Fluidity

*Italicized classes are Choreography*  
 Pink Classes require exotic platform shoes

Floorplay: After Dark  
 Every 3rd Friday of the month!  
 Pajamas party, theme optional,  
 desserts included, 18+, \$15 pp

