



## FEBRUARY 2026

No walk-ins are accepted  
Pre-registration or private appointments only  
Appointments booked 7 days/week  
Parties booked Friday - Sunday

[www.floorplaystudio.com](http://www.floorplaystudio.com)  
302-307-9158  
[dance@floorplaystudio.com](mailto:dance@floorplaystudio.com)

Suite 202  
Pole Studio

70-min. Live Classes:  
Single drop-in \$30  
Five/\$125, Ten/\$225

Playgrounds (Practice Time)  
One/\$14, Ten/\$125, Twenty/\$200  
expires in three and six months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 3:05 Climbing/Test Out 4:30p Playground 5:55p Chair/Pole Play (Ann) <sup>1/2</sup>	2 10:50a Freestyle & Flow (Ann) <sup>2+/2.5</sup> 5:55p Playground 7:20p Intro to Pole	3 4:30p Playground 5:55p Pole 2 7:20p Low Flow (Ashley) <sup>1/2</sup>	4 10:50a Combos&Conditioning (Ann) <sup>2+/2.5</sup> 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground	5 9:25a Soft Strength: Pole Stretch & Flow 5:55p It's Tricky (Ashley) <sup>1/1.2+</sup> 7:20p Pole 3 (Claire)	6 4:30p Playground 5:55p Intro to Pole 7:20p Pole Mechanics (Tess) <sup>1/1.2+</sup>	7 12:15p Pole Mechanics (Tess) <sup>2+</sup> 1:40p Inversion Training (Tess) <sup>1/1.2.5</sup> 3:05p Climbing 4:30p Twerk & Pole Series <sup>1/6</sup> with Ann, lvl 2
8 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series <sup>1/6</sup> with Ann, lvl 2	9 10:50a Freestyle & Flow (Ann) <sup>2+/2.5</sup> 5:55p Playground 7:20p Newcomer Pole <sup>2/8</sup>	10 4:30p Playground 5:55p Pole 2 7:20p Low Flow (Ashley) <sup>1/2</sup> Valentine's Special	11 10:50a Combos&Conditioning (Ann) <sup>2+/2.5</sup> 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground	12 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choro Series <sup>1/6</sup> with Ashley, lvl 2+ 7:20p Pole 3 (Claire)	13 4:30p Playground 5:55p Newcomer Pole <sup>2/8</sup> 7:20p Pole Mechanics (Tess) <sup>1/1.2+</sup>	14 12:15p Pole Mechanics (Tess) <sup>2+</sup> 1:40p Inversion Training (Tess) <sup>1/1.2.5</sup> 3:05p Climbing 4:30p Twerk & Pole Series <sup>2/6</sup>
15 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series <sup>2/6</sup>	16 10:50a Freestyle & Flow (Ann) <sup>2+/2.5</sup> 5:55p Playground 7:20p Newcomer Pole <sup>3/8</sup>	17 Mardi Gras 4:30p Playground 5:55p Pole 2 7:20p Low Flow Choro Series <sup>1/6</sup> with Ashley, lvl 2	18 10:50a Combos&Conditioning (Ann) <sup>2+/2.5</sup> 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground	19 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choro Series <sup>2/6</sup> 7:20p Pole 3 (Claire)	20 5:55p Newcomer Pole <sup>3/8</sup> 7:20p Pole Mechanics (Tess) <sup>1/1.2+</sup> 9pm Floorplay: After Dark Naughty Gras 2026	21 12:15p Pole Mechanics (Tess) <sup>2+</sup> 1:40p Inversion Training (Tess) <sup>1/1.2.5</sup> 3:05p Climbing/Test Out 4:30p Twerk & Pole Series <sup>3/6</sup>
22 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series <sup>3/6</sup>	23 10:50a Freestyle & Flow (Ann) <sup>2+/2.5</sup> 5:55p Playground 7:20p Newcomer Pole <sup>4/8</sup>	24 4:30p Playground 5:55p Pole 2 7:20p Low Flow Choro Series <sup>2/6</sup>	25 10:50a Combos&Conditioning (Ann) <sup>2+/2.5</sup> 5:55p Flex Appeal (Thea) 7:20p Climbing/Test Out 8:45p Playground	26 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choro Series <sup>3/6</sup> 7:20p Pole 3 (Claire)	27 4:30p Playground 5:55p Newcomer Pole <sup>4/8</sup> 7:20p Pole Mechanics (Tess) <sup>1/1.2+</sup>	28 12:15p Pole Mechanics (Tess) <sup>2+</sup> 1:40p Inversion Training (Tess) <sup>1/1.2.5</sup> 3:05p Pole 2 4:30p Twerk & Pole Series <sup>4/6</sup>
<p>Pole Technique Levels: Foundations, Climbing, Pole 2, It's Tricky, Pole Mechanics, Freestyle &amp; Flow, Combos &amp; Conditioning, Inversion Training, Pole 3 Pole Dancing Levels: Kitten Heels &amp; Floorwork, Box Work, Western Exotic Flow Pole Styling Classes: Low Flow, Basework, Pole Play</p>			<p>Choro Series open this month -- FOUR options with Ashley and Ann!</p>			<p>Floorplay: After Dark Every 3rd Friday of the month! Pajamas party, theme optional, desserts included, 18+, \$15 pp</p>  <p><b>FLOORPLAY: AFTER DARK</b> YOUR PRIVATE RUMBA PARTY BRINGING SEXY TO DELAWARE</p>

All classes are drop-in friendly unless noted as a series with <sup>3/4</sup>, for example, depicting the third class within a four-week series.



302-307-9126

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Suite 201 - Yoga Nest & Dance Hall

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:40p Playground 5pm Advanced Beginner West Coast Swing	5:55p Playground 7:20p Belly Dance - Roulette Raqs	10:30a Guided Meditation 4:30p Playground 5:30p Hula Hoop (Lindsay) 8p Confident Beg/Intermediate West Coast Swing	1pm Country Line Dance 2 <sup>nd</sup> &4 <sup>th</sup> Wed 5:30p Hula Hoop (Lindsay) 7:20p Mobility for Backbends - Feb 25 8pm Sexy Chair Dance Series Feb 4th, 6-week series 8:45p Playground	10:30a Guided Meditation	4:30p Playground 8pm Total Beginner WCSwing Jan 30-1/6	3pm Glow&Groove Line Dance 1st, 3rd, 5th Saturdays (Hazel) 4:30p Playground 5pm Total Beginner Club Latin Feb 7th, 4-week series

Partner Dance Key:

Total Beginner, lvl 0 / Advanced Beginner, lvl 1 / Confident Beginner, lvl 1.5 / Intermediate, lvl 2 / High Intermediate, lvl 2.5 / Advanced, lvl 3

2026 Conventions: **Freedom Swing** Jan 23-25 **Art of the Belly** Mar 26-29 **PoleCon** May 28-31 **Philly Swing** Sept 25-27 **Swustlicious** Oct 16-18 **Swingle Bell Rock** Dec 03-06