



FEBRUARY 2026

No walk-ins are accepted
Pre-registration or private appointments only
Appointments booked 7 days/week
Parties booked Friday - Sunday

www.floorplaystudio.com
302-307-9158
dance@floorplaystudio.com

Suite 202
Pole Studio

70-min. Live Classes:
Single drop-in \$30
Five/\$125, Ten/\$225

Playgrounds (Practice Time)
One/\$14, Ten/\$125, Twenty/\$200
expires in three and six months

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|---|--|--|---|
| 1 3:05 Climbing/Test Out 4:30p Playground 5:55p Chair/Pole Play (Ann) ^{lv2} | 2 Candlemas 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Playground 7:20p Intro to Pole | 3 4:30p Playground 5:55p Pole 2 7:20p Low Flow (Ashley) ^{lv2} | 4 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground | 5 9:25a Soft Strength: Pole Stretch & Flow 5:55p It's Tricky (Ashley) ^{lv2+} 7:20p Pole 3 (Claire) | 6 4:30p Playground 5:55p Intro to Pole 7:20p Pole Mechanics (Tess) ^{lv2+} | 7 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv2.5} 3:05p Climbing 4:30p Twerk & Pole Series ^{1/6} with Ann, lv2 |
| 8 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series ^{1/6} with Ann, lv2 | 9 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Playground 7:20p Newcomer Pole ^{2/8} | 10 4:30p Playground 5:55p Pole 2 7:20p Low Flow (Ashley) ^{lv2} Valentine's Special | 11 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground | 12 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choreo Series ^{1/6} with Ashley, lv2+ 7:20p Pole 3 (Claire) | 13 4:30p Playground 5:55p Newcomer Pole ^{2/8} 7:20p Pole Mechanics (Tess) ^{lv2+} | 14 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv2.5} 3:05p Climbing 4:30p Twerk & Pole Series ^{2/6} |
| 15 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series ^{2/6} | 16 Presidents' Day 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Playground 7:20p Newcomer Pole ^{3/8} | 17 Mardi Gras 4:30p Playground 5:55p Pole 2 7:20p Low Flow Choreo Series ^{1/6} with Ashley, lv2 | 18 Ash Wednesday 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground | 19 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choreo Series ^{2/6} 7:20p Pole 3 (Claire) | 20 5:55p Newcomer Pole ^{3/8} 7:20p Pole Mechanics (Tess) ^{lv2+} 9pm Floorplay: After Dark Naughty Gras 2026 | 21 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv2.5} 3:05p Climbing/Test Out 4:30p Twerk & Pole Series ^{3/6} |
| 22 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series ^{3/6} | 23 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Playground 7:20p Newcomer Pole ^{4/8} | 24 4:30p Playground 5:55p Pole 2 7:20p Low Flow Choreo Series ^{2/6} | 25 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 5:55p Flex Appeal (Thea) 7:20p Climbing/Test Out 8:45p Playground | 26 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choreo Series ^{3/6} 7:20p Pole 3 (Claire) | 27 4:30p Playground 5:55p Newcomer Pole ^{4/8} 7:20p Pole Mechanics (Tess) ^{lv2+} | 28 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv2.5} 3:05p Pole 2 4:30p Twerk & Pole Series ^{4/6} |
| Pole Technique Levels: Foundations, Climbing, Pole 2, It's Tricky, Pole Mechanics, Freestyle & Flow, Combos & Conditioning, Inversion Training, Pole 3 Pole Dancing Levels: Kitten Heels & Floorwork, Box Work, Western Exotic Flow Pole Styling Classes: Low Flow, Basework, Pole Play | | | | Choreo Series open this month -- FOUR options with Ashley and Ann! | | Floorplay: After Dark Every 3rd Friday of the month! Pajamas party, theme optional, desserts included, 18+, \$15 pp |

All classes are drop-in friendly unless noted as a series with ^{3/4}, for example, depicting the third class within a four-week series.



302-307-9126

www.floorplaydance.com

hello@floorplaydance.com

Suite 201 - Yoga Nest & Dance Hall



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|--------------------------|--|--|
| 1:40p Playground 5pm Advanced Beginner West Coast Swing | 5:55p Playground 7:20p Belly Dance - Roulette Raqs | 10:30a Guided Meditation 4:30p Playground 5:30p Hula Hoop (Lindsay) 8p Confident Beg/Intermediate West Coast Swing | 1pm Country Line Dance 2 nd & 4 th Wed 5:30p Hula Hoop (Lindsay) 7:20p Mobility for Backbends - Feb 25 8pm Sexy Chair Dance Series Feb 4th, 6-week series 8:45p Playground | 10:30a Guided Meditation | 4:30p Playground 8pm Total Beginner WCSwing Jan 30-1/6 | 3pm Glow&Groove Line Dance 1st, 3rd, 5th Saturdays (Hazel) 4:30p Playground 5pm Total Beginner Club Latin Feb 7th, 4-week series |

Partner Dance Key: Total Beginner, lv1 0 / Advanced Beginner, lv1 1 / Confident Beginner, lv1 1.5 / Intermediate, lv1 2 / High Intermediate, lv1 2.5 / Advanced, lv1 3

2026 Conventions: **Freedom Swing** Jan 23-25 **Art of the Belly** Mar 26-29 **PoleCon** May 28-31 **Philly Swing** Sept 25-27 **Swustlicious** Oct 16-18 **Swingle Bell Rock** Dec 03-06