

**MARCH 2025**

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16	17	18	19	20	21	22
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30	31					

# APRIL 2025

**Due to COVID, no walk-ins are accepted**  
**Pre-registration or private appointments only**  
**Appointments booked 7 days/week**  
**Parties booked Friday - Sunday**



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**MAY 2025**

S	M	T	W	T	F	S
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Kitten Heels &amp; Floorwerk:</u></p> <p>Day 1: Walk, Crouch, Turn</p> <p>Day 2: Clacking &amp; Floorwerk</p> <p>Day 3: Consecutive Turns</p> <p>Day 4: Juliettes &amp; Leggydoos</p>	<p><b>Parties and Private lessons are booked seven days a week.</b></p>	1 5:55p Western Exotic Flow 7:20p Playground 8:45p Pole 2	2 2pm Climbing 5:55p Playground 7:20p Pole 2	3 5:55p Pole 2 7:20p Pole 3	4 7:30pm Showcase Rehearsal	5 6:30pm An April Affair Student/Teacher Showcase
6 1:40p Climbing 3:05p Playground 4:30p Pole Play (lv1+)		7 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels	8 4:30p Playground 5:35p Intro to Pole 7:20p Low Flow 8:45p Pole 2	9 2pm Climbing 5:55p Playground 7:20p Pole 2	10 5:55p Pole 2 7:20p Pole 3	11 5:55p Pole 2 7:20p Pole Mechanics (lv2+) 8:45p Playground
13 1:40p Climbing 3:05p Pole Intimacy w/Claire 4:30p Playground	14 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels	15 4:30p Playground 5:55p Newcomer Pole 2/8 7:20p Low Flow 8:45p Pole 2	16 2pm Climbing 5:55p Playground 7:20p Pole 2	17 5:55p Pole 2 7:20p Pole 3	18 GOOD FRIDAY 5:55p Pole 2 7:20p Pole Mechanics (lv2+) Blacklight Glow Party 9pm	19 12:15p Pole Mechanics (lv2+) 1:40p Inversion Training 3:05p Newcomer Pole 2/8 4:30p Playground
20 EASTER SUNDAY 1:40p Climbing 3:05p Playground 4:30p Pole Intimacy (lv1+)	21 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels	22 4:30p Playground 5:55p Newcomer Pole 3/8 7:20p Low Flow 8:45p Pole 2	23 2pm Climbing 5:55p Playground 7:20p Pole 2	24 5:55p Pole 2 7:20p Pole 3	25 5:55p Pole 2 7:20p Pole Mechanics (lv2+) 8:45p Playground	26 12:15p Pole Mechanics (lv2+) 1:40p Inversion Training 3:05p Newcomer Pole 3/8 4:30p Playground
27 1:40p Pole 2 3:05p Playground 4:30p Pole Intimacy (lv1+)	28 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels	29 4:30p Playground 5:55p Newcomer Pole 4/8 7:20p Low Flow 8:45p Pole 2	30 2pm Pole 2 5:55p Playground 7:20p Kitten Heels/Flwrk Day 1: Walk, Crouch, Turn	1 70-min. Live Classes: Single drop-in \$30 Five/\$125, Ten/\$225	2 90-minute Workshops \$40 per person transferrable to FDC	3 Playgrounds (Practice Time) One/\$14, Ten/\$125, Twenty/\$200 expires in three and six months

Pole Technique Levels: Foundations, Climbing, Pole 2, Pole Mechanics, Inversion Training, Pole 3

Pole Dancing Levels: Kitten Heels & Floorwerk, Box Work, Slinky Sirens, Western Exotic Flow

Styling Curriculum: Pole Play Choreo, Pole Intimacy Choreo, Low Flow, Slinky Sirens, Adore Pole Freestyle