

APRIL 2024

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| | 1 | 2 | 3 | 4 | 5 | 6 |
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

MAY 2024

Due to COVID, no walk-ins are accepted
 Pre-registration or private appointments only
 Appointments booked 7 days/week
 Parties booked Friday - Sunday



www.floorplaystudio.com
 302-307-9158
 dance@floorplaystudio.com

JUNE 2024

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| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
|--|---|--|---|--|---|---|--|
| <p>Classes are 55 minutes one class: \$25 four-class series: \$80 eight-class series: \$150</p> | <p><u>70-min. Live Classes:</u> Single drop-in \$30 Five/\$125, Ten/\$225 packages expire in 6 weeks</p> | <p><u>Playgrounds (Practice Time)</u> One/\$14, Twenty/\$200 expires in six months 3rd Friday Chez Nous, \$15</p> | <p>1 4:30p Climbing 5:55p Playground 7:20p Pole 2</p> | <p>2 5:55p Pole 2 7:20p Pole Tricks (lv1-3)</p> | <p>3 5:45p Intro to Pole 7:20p Pole Mechanics (lv2+) 8:45p Playground</p> | <p>4 12:15p Pole Mechanics (lv2+) 1:40p Inversion Training 3:05p Pole 2 4:30p Playground</p> | |
| <p>5 12:15p Climbing 1:40p Playground 3:05p Pole 2</p> | <p>6 5:55p Climbing 7:20p Playground 8:45p Kitten Heels 1/4</p> | <p>7 5:45p Intro to Pole 7:20p Playground 8:45p Pole 2</p> | <p>8 4:30p Climbing 5:55p Playground 7:20p Pole 2</p> | <p>9 5:55p Pole 2 7:20p Pole Tricks (lv1-3)</p> | <p>10 4:30p Pole 2 5:55p Newcomer Pole 2/8 7:20p Pole Mechanics (lv2+) 8:45p Playground</p> | <p>11 12:15p Pole Mechanics (lv2+) 1:40p Inversion Training 3:05p Pole 2 4:30p Playground</p> | |
| <p>12 12:15p Climbing 1:40p Playground 3:05p Pole 2</p> | <p>13 5:55p Climbing 7:20p Playground 8:45p Kitten Heels 2/4</p> | <p>14 5:55p Newcomer Pole 2/8 7:20p Low Flow (lv2) 8:45p Pole 2</p> | <p>15 4:30p Climbing 5:55p Playground 7:20p Pole 2</p> | <p>16 5:55p Pole 2 7:20p Pole Tricks (lv1-3)</p> | <p>17 5:55p Newcomer Pole 3/8 7:20p Pole Mechanics (lv2+) 9pm Fae Night (Chez Nous Party)</p> | <p>18 12:15p Pole Mechanics (lv2+) 1:40p Inversion Training 3:05p Pole 2 4:30p Playground</p> | |
| <p>19 12:15p Climbing 1:40p Playground 3:05p Pole 2</p> | <p>20 5:55p Climbing 7:20p Playground 8:45p Kitten Heels 3/4</p> | <p>21 5:55p Newcomer Pole 3/8 7:20p Low Flow (lv2) 8:45p Pole 2</p> | <p>22 4:30p Climbing 5:55p Playground 7:20p Pole 2</p> | <p>23 5:55p Pole 2 7:20p Pole Tricks (lv1-3)</p> | <p>24 5:55p Newcomer Pole 4/8 7:20p Pole Mechanics (lv2+) 8:45p Playground</p> | <p>25 12:15p Pole Mechanics (lv2+) 1:40p Inversion Training 3:05p Pole 2 4:30p Playground</p> | |
| <p>26 12:15p Climbing 1:40p Playground 3:05p Pole 2</p> | <p>27 Memorial Day 5:55p Climbing 7:20p Playground 8:45p Kitten Heels 4/4</p> | <p>28 5:55p Newcomer Pole 4/8 7:20p Low Flow (lv2) 8:45p Pole 2</p> | <p>29 Closed for PoleCon (Baltimore/Hanover at Arundel Mills)</p> | | | <p>30 31</p> | <p><u>Kitten Heels Curriculum:</u> DAY 1: Walk, Crouch, Turn DAY 2: Clacking & Floorwork DAY 3: Consecutive Turns DAY 4: Juliettes & Leggydoos</p> |