

NOVEMBER 2026

No walk-ins are accepted

Pre-registration or private appointments only

Appointments booked 7 days/week

Parties booked Friday - Sunday

Tours by appointment all days

Native American Heritage Month

Diabetes Awareness Month

floorplaystudio.com

Text: 302-307-9158

dance@floorplaystudio.com

Suite 201 & 202

Dance Center &

Pole Studio

Family Caregivers Month

Aviation History Month

floorplaydance.com

Text: 302-307-9126

hello@floorplaydance.com

70-min, Live Classes:

Single drop-in \$30

Five/\$125, Ten/\$225

Playgrounds (Practice Time)

One/\$14. Ten/\$125. Twenty/\$200

expires in three and six months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Día de los Muertos 1 1:40p Pole 2 3:05p Playground 4:30p Total Beg WstCstSwng 5/6	10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 3:05p Pole 2 4:30p Playground 5:35p Intro to Pole 5:55p Beginner Belly Dance (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	Election Day 3 12:15p Playground - Studio Only 3:05p Playground 4:30p Climbing 5:55p Let's Spin! (Sunnii) ^{M2} 7:20p Low Flow (Ashley) ^{M2}	 4 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 5:55p Fluidity and Flight (Saudi) ^{M3+} 7:20p Pole 2 7:20p Strong & Bendy (Valkyrie) - Annex 8:45p Playground	 5 9:25a Soft Strength: Stretch & Flow 5:55p Burlesque, All levels (Thea) 5:55p Hula Hoop (Lindsay) 5:55p It's Tricky (Ashley) ^{M2+} 7:20p Pole Tricks (Claire) ^{M3+}	 6 4:30p Playground 5:35p Intro to Pole 7:20p Pole Mechanics (Tess) ²⁺ 7:20p Club Latin Mix 5/6 - Hall 9pm Roll & Refresh Social	 7 10:50a Barre Intensity (Steve) - Annex 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3pm Glow&Groove Line Dance (Hazel) - Hall 3:05p Climbing 4:30p Boxwork Wrkshp (Valkyrie) ^{M2} 7:30pm Sassy Saturday Cabaret
 8 1:40p Pole 2 3:05p Playground 4:30p Total Beg WstCstSwng 6/6	 9 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 3:05p Pole 2 4:30p Playground 5:55p Newcomer Pole ^{2/8} 5:55p Beginner Belly Dance (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	 10 12:15p Playground - Studio Only 3:05p Playground 4:30p Climbing 5:55p Let's Spin! (Sunnii) ^{M2} 7:20p Low Flow (Ashley) ^{M2}	Veterans Day 11 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 1pm Country Line Dance with Ray 2:15 Improver Country Line Dance 5:55p Fluidity and Flight (Saudi) ^{M3+} 7:20p Strong & Bendy (Valkyrie) - Annex 7:20p Pole 2 8:45p Playground	 12 9:25a Soft Strength: Stretch & Flow 5:55p Burlesque, All levels (Thea) 5:55p Hula Hoop (Lindsay) 5:55p It's Tricky (Ashley) ^{M2+} 7:20p Pole Tricks (Claire) ^{M3+}	 13 4:30p Playground 5:55p Newcomer Pole ^{2/8} 7:20p Pole Mechanics (Tess) ²⁺ 7:20p Club Latin Mix 6/6 - Hall Learn Salsa, Bachata, and More 9p Grounded Rhythm Drum Circle	 14 Delaware Taco Festival 10:50a Barre Intensity (Steve) 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3:05p Climbing 4:30p Playground 7:30pm Fiesta de Ascenso Latin Social
Delaware Taco Festival 15 1:40p Pole 2 3:05p Playground	 16 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 3:05p Pole 2 4:30p Playground 5:55p Newcomer Pole ^{3/8} 5:55p Beginner Belly Dance (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	 17 12:15p Playground - Studio Only 3:05p Playground 4:30p Climbing 5:55p Let's Spin! (Sunnii) ^{M2} 7:20p Low Flow (Ashley) ^{M2}	 18 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 5:55p Fluidity and Flight (Saudi) ^{M3+} 7:20p Strong & Bendy (Valkyrie) - Annex 7:20p Pole 2 8:45p Playground	DC Swing Experience 19 9:25a Soft Strength: Stretch & Flow 5:55p Burlesque, All levels (Thea) 5:55p Hula Hoop (Lindsay) 5:55p It's Tricky (Ashley) ^{M2+} 7:20p Pole Tricks (Claire) ^{M3+}	DC Swing Experience 20 4:30p Playground 5:55p Newcomer Pole ^{3/8} 7:20p Pole Mechanics (Tess) ²⁺ 9pm Floorplay: After Dark Blacklight Glow Playground	DC Swing Experience 21 10:50a Barre Intensity (Steve) 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3pm Glow&Groove Line Dance (Hazel) - Hall 3:05p Climbing 4:30p Playground 7:30p WstCstSwng Practice Social
DC Swing Experience 22 1:40p Pole 2 3:05p Playground	 23 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 3:05p Pole 2 4:30p Playground 5:55p Newcomer Pole ^{4/8} 5:55p Beginner Belly Dance (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	 24 12:15p Playground - Studio Only 3:05p Playground 4:30p Climbing/Test Out for Pole 2 5:55p Let's Spin! (Sunnii) ^{M2} 7:20p Low Flow (Ashley) ^{M2}	 25 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 1pm Country Line Dance with Ray 2:15 Improver Country Line Dance 5:55p Fluidity and Flight (Saudi) ^{M3+} 7:20p Strong & Bendy (Valkyrie) - Annex 7:20p Pole 2 8:45p Playground	Thanksgiving 26 Studio Closed for Holiday	Black Friday 27 4:30p Playground 5:55p Newcomer Pole ^{4/8} 7:20p Pole Mechanics (Tess) ²⁺ 7:20p Club Latin Mix ^{3/6} - Hall 9pm Hoop & Flow + Acro Jam	 28 10:30a Thready Flow Wrkshp (Val) ^{M2+} 10:50a Barre Intensity (Steve) 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3:05p Climbing
 29 1:40p Pole 2 3:05p Playground	 30 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 3:05p Pole 2 5:55p Climbing 5:55p Beginner Belly Dance (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	 1 	 2 	 3 	 4 	 5
<u>Pole Technique Levels:</u> Pole Foundations (lvl 1), Climbing (lvl 1.5), Roll z (lvl 2), Lats & Hooks (lvl 2), 11z Trickz (lvl 2+), Inversion Training (lvl 2.5), Pole 3 (lvl 3), Pole Tricks (lvl 3+) <u>Pole Dancing Levels:</u> Kitten Heels & Floorwork (lvl 1+), Box Work (lvl 2+), Slinky Sirens (lvl 2+), Western Exotic Flow (lvl 2+), Pole Mechanics (lvl 2+), Fluidity and Flight (lvl 3+) <u>Pole Styling Classes:</u> Low Flow / Basework & Fluidity, Lyrical Pole, Hard Pole	All classes are drop-in friendly unless noted as a series with 3/4, for example, depicting the third class within a four-week series. Italicized classes are Choreography Pink Classes require exotic platform shoes Purple Classes are Fitness sessions for any level or practice This calendar is only a group class reflection and not a full list of services available. Private lessons, personalized parties, and various wellness offerings are by appointment.		<u>Monthly Jams</u> Floorplay: After Dark pole sanctuary, includes spotlights 18+ only, \$10 per person playground package applicable Grounded Rhythm Drum Circle Music, Dance, Connection Free, community-led gathering Bring your instruments and flow. Hoop & Flow + Acro Jam a casual sandbox for movement arts 18+ only, \$10 per person playground package applicable	<u>Parties</u> Fiesta de Ascenso Latin Party salsa bachata merengue cumbia reggaeton - lite fare with water / refreshment bar 18+ only, \$15 per person Sassy Saturday Cabaret a sultry, supportive lounge night lite fare with water / refreshment bar 18+ only, \$15 per person The Soda Saloon boot-scootin' country line dance party lite fare with water / refreshment bar 18+ only, \$15 per person	<u>Socials</u> Roll & Refresh Social mobility & recovery lounge w/refreshment bar 18+ only, \$10 per person playground package applicable West Coast Swing Practice Social relaxed space for practice and social dancing water included 18+ only, \$10 per person Parties, Private lessons, and Room Rentals are booked seven days a week. Email hello@floorplaydance.com	