



FEBRUARY 2026

No walk-ins are accepted
Pre-registration or private appointments only
Appointments booked 7 days/week
Parties booked Friday - Sunday

www.floorplaystudio.com
302-307-9158
dance@floorplaystudio.com

Suite 202
Pole Studio

70-min. Live Classes:
Single drop-in \$30
Five/\$125, Ten/\$225

Playgrounds (Practice Time)
One/\$14, Ten/\$125, Twenty/\$200
expires in three and six months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Candlemas 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play (Ann) ^{lv1 2}	2 5:55p Playground 7:20p Intro to Pole	3 4:30p Playground 5:55p Pole 2 7:20p Low Flow (Ashley) ^{lv1 2}	4 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 4:30p Kitten Heels & Floorwork - Walk 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground	5 9:25a Soft Strength: Pole Stretch & Flow 5:55p It's Tricky (Ashley) ^{lv1 2+} 7:20p Pole 3 (Claire)	6 4:30p Playground 5:55p Intro to Pole 7:20p Pole Mechanics (Tess) ^{lv1 2+}	7 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv1 2.5} 3:05p Climbing 4:30p Twerk & Pole Series ^{1/6} with Ann, lv1 2
8 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series ^{1/6} with Ann, lv1 2	9 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Playground 7:20p Newcomer Pole ^{2/8}	10 3:05p 4:30p Playground 5:55p Pole 2 7:20p Low Flow (Ashley) ^{lv1 2} Valentine's Special	11 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 4:30p Kitten Heels & Floorwork - Clack 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground	12 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choreo Series ^{1/6} with Ashley, lv1 2+ 7:20p Pole 3 (Claire)	13 4:30p Playground 5:55p Newcomer Pole ^{2/8} 7:20p Pole Mechanics (Tess) ^{lv1 2+}	14 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv1 2.5} 3:05p Climbing 4:30p Twerk & Pole Series ^{2/6}
15 President's Day 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series ^{2/6}	16 5:55p Playground 7:20p Newcomer Pole ^{3/8}	17 4:30p Playground 5:55p Pole 2 7:20p Low Flow Choreo Series ^{1/6} with Ashley, lv1 2	18 Ash Wednesday 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 4:30p Kitten Heels & Floorwork - Turn 5:55p Flex Appeal (Thea) 7:20p Climbing 8:45p Playground	19 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choreo Series ^{2/6} 7:20p Pole 3 (Claire)	20 5:55p Newcomer Pole ^{3/8} 7:20p Pole Mechanics (Tess) ^{lv1 2+} 9pm Floorplay: After Dark	21 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv1 2.5} 3:05p Climbing/Test Out 4:30p Twerk & Pole Series ^{3/6}
22 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 3:05 Pole 2 4:30p Playground 5:55p Chair/Pole Play Series ^{3/6}	23 5:55p Playground 7:20p Newcomer Pole ^{4/8}	24 4:30p Playground 5:55p Pole 2 7:20p Low Flow Choreo Series ^{2/6}	25 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 4:30p Kitten Heels & Floorwork - Legs 5:55p Flex Appeal (Thea) 7:20p Climbing/Test Out 8:45p Playground	26 9:25a Soft Strength: Pole Stretch & Flow 5:55p Pole Art Choreo Series ^{3/6} 7:20p Pole 3 (Claire)	27 4:30p Playground 5:55p Newcomer Pole ^{4/8} 7:20p Pole Mechanics (Tess) ^{lv1 2+}	28 12:15p Pole Mechanics (Tess) ²⁺ 1:40p Inversion Training (Tess) ^{lv1 2.5} 3:05p Pole 2 4:30p Twerk & Pole Series ^{4/6}
Pole Technique Levels: Foundations, Climbing, Pole 2, It's Tricky, Pole Mechanics, Freestyle & Flow, Combos & Conditioning, Inversion Training, Pole 3 Pole Dancing Levels: Kitten Heels & Floorwork, Box Work, Western Exotic Flow Pole Styling Classes: Low Flow, Basework, Pole Play				Kitten Heels & Floorwork: Day 1: Walk, Crouch, Turn Day 2: Clacking & Floorwork Day 3: Consecutive Turns Day 4: Juliettes & Leggydooos Choreo Series open this month -- three options with Ashley and Ann!		Floorplay: After Dark Every 3rd Friday of the month! Pajamas party, theme optional, desserts included, 18+, \$15 pp Feb Theme: Naughty Gras

All classes are drop-in friendly unless noted as a series with ^{3/4}, for example, depicting the third class within a four-week series.



302-307-9126

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hello@floorplaydance.com

Suite 201 - Yoga Nest & Dance Hall



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:40p Playground 5pm Advanced Beginner West Coast Swing	5:55p Playground 7:20p Belly Dance - Roulette Raqs	10:30a Guided Meditation 4:30p Playground 5:30p Hula Hoop (Lindsay) 8p Confident Beg/Intermediate West Coast Swing	1pm Country Line Dance ^{2nd & 4th} Wed 5:30p Hula Hoop (Lindsay) 8pm Sexy Chair Dance Series Feb 4th, 6-week series 8:45p Playground	10:30a Guided Meditation	4:30p Playground 8pm Total Beginner WCSwing Jan 30 1/6	3pm Glow&Groove Line Dance 1st, 3rd, 5th Saturdays (Hazel) 4:30p Playground 5pm Total Beginner Club Latin Feb 7th, 4-week series

Partner Dance Key: Total Beginner, lv1 0 / Advanced Beginner, lv1 1 / Confident Beginner, lv1 1.5 / Intermediate, lv1 2 / High Intermediate, lv1 2.5 / Advanced, lv1 3

2026 Conventions: **Freedom Swing** Jan 23-25 **Art of the Belly** Mar 26-29 **PoleCon** May 28-31 **Philly Swing** Sept 25-27 **Swustlicious** Oct 16-18 **Swingle Bell Rock** Dec 03-06