



AUGUST 2026 National Wellness Month

No walk-ins are accepted
Pre-registration or private appointments only
Appointments booked 7 days/week
Parties booked Friday - Sunday
Tours by appointment all days

www.floorplaystudio.com
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Suite 202
Pole Studio

National Black Business Month

70-min, Live Classes:
Single drop-in \$30
Five/\$125, Ten/\$225

Playgrounds (Practice Time)
One/\$14, Ten/\$125, Twenty/\$200
expires in three and six months

Clifford Brown Jazz Festival (August 2-8)

Delaware Chinese Festival (August 7-9)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26 3:05p Climbing 4:30p Playground	27 Day 4: Juliettes & Leggydooes 5:55pm Kitten Heels 7:20p Frame & Foundation (Valkyrie) 8:45p Pole 2	28 5:55p Playground 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Newcomer Pole ^{4/8}	29 3:05p Pole 2 4:30p Playground 5:55p Fluidity and Flight (Saudi) ^{lvl 3+} 7:20p Playground	30 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	31 4:30p Playground 5:55p Pole Mechanics (Tess) ⁴⁺ 7:20p Inversion Training (Tess) ⁴⁻⁵	1 1:40p Inversion Training (Ruth) ^{lvl 2.5} 3:05p Playground 4:30p Newcomer Pole ^{4/8}
Clifford Brown Jazz Festival 2 3:05p Pole 2 4:30p Playground	Clifford Brown Jazz Festival 3 7:20p Frame & Foundation (Valkyrie) 8:45p Pole 2	Clifford Brown Jazz Festival 4 7:20p Playground 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing	Clifford Brown Jazz Festival 5 3:05p Pole 2 4:30p Playground 5:55p Fluidity and Flight (Saudi) ^{lvl 3+} 7:20p Strong & Bendy (Valkyrie) - Annex	Clifford Brown Jazz Festival 6 9:25a Soft Strength: Stretch & Flow 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	Clifford Brown Jazz Festival 7 4:30p Playground 5:55p Intro to Pole 7:20p Pole Mechanics (Tess) ⁴⁺	Clifford Brown Jazz Festival 8 10:30a Boxwork Wrkshp (Valkyrie) 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3:05p Playground 4:30p Low Flow ^{lvl 2}
9 3:05p Pole 2 4:30p Playground 5:55p Climbing	10 5:55p Intro to Pole 7:20p Frame & Foundation (Valkyrie) 8:45p Pole 2	11 Day 1: Walk, Crouch, Turn 5:55pm Kitten Heels 7:20p Playground 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing	12 3:05p Pole 2 4:30p Playground 5:55p Fluidity and Flight (Saudi) ^{lvl 3+} 7:20p Strong & Bendy (Valkyrie) - Annex	13 9:25a Soft Strength: Stretch & Flow 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	14 4:30p Playground 5:55p Newcomer Pole ^{2/8} 7:20p Pole Mechanics (Tess) ⁴⁺	15 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3:05p Playground 4:30p Low Flow ^{lvl 2}
16 3:05p Pole 2 4:30p Playground 5:55p Climbing	17 5:55p Newcomer Pole ^{2/8} 7:20p Frame & Foundation (Valkyrie) 8:45p Pole 2	18 Day 2: Clacking & Floorwork 5:55pm Kitten Heels 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing	19 3:05p Pole 2 4:30p Playground 5:55p Fluidity and Flight (Saudi) ^{lvl 3+} 7:20p Strong & Bendy (Valkyrie) - Annex	20 9:25a Soft Strength: Stretch & Flow 3:05p Pole 2, 4:30p Playground 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	21 5:55p Newcomer Pole ^{3/8} 7:20p Pole Mechanics (Tess) ⁴⁺ 9pm Floorplay: After Dark Fairies & Vampires	22 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3:05p Playground
23 3:05p Pole 2 4:30p Playground 5:55p Climbing	24 5:55p Newcomer Pole ^{3/8} 7:20p Frame & Foundation (Valkyrie) 8:45p Pole 2	25 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Climbing/Test Out for lvl 2	26 3:05p Pole 2 4:30p Playground 5:55p Fluidity and Flight (Saudi) ^{lvl 3+} 7:20p Strong & Bendy (Valkyrie) - Annex	27 9:25a Soft Strength: Stretch & Flow 5:55p It's Tricky (Ashley) ^{lvl 2+} 7:20p Pole Tricks (Claire) ^{lvl 3+}	28 4:30p Playground 5:55p Newcomer Pole ^{4/8} 7:20p Pole Mechanics (Tess) ⁴⁺	29 10:30a The X Factor Wrkshp 12:15p Inversion Training (Tess) ^{2.5} 1:40p Pole 3 (Tess) 3:05p Playground 4:30p Climbing/Test Out for lvl 2
August Quarterly Festival 30 3:05p Pole 2 4:30p Playground	August Quarterly Festival 31 9:25a Soft Strength: Stretch & Flow 5:55p Newcomer Pole ^{4/8} 7:20p Frame & Foundation (Valkyrie) 8:45p Pole 2	5:55p Let's Spin! (Sunnii) ^{lvl 2+} 7:20p Low Flow (Ashley) ^{lvl 2} 8:45p Pole 2	Look for new classes next month in both studios ;)	Sept 5th -- X Factor Wrkshp for Performance Polish: turn your "good" routine into a standout performance! (GREAT for showcase performers)	SPECIAL After Dark Party 8/21 only \$10 registration includes Staff Spotlights Barre, Burlesque, & Pole demos! Floorplay: After Dark Every 3rd Friday of the month! Pajamas party, theme optional, desserts included, 18+, \$15 pp	

Pole Technique Levels: Pole Foundations (lvl 1), Climbing (lvl 1.5), Pole 2 (lvl 2), Let's Spin! (lvl 2), It's Tricky (lvl 2+), Inversion Training (lvl 2.5), Pole 3 (lvl 3), Pole Tricks (lvl 3+)

Pole Dancing Levels: Kitten Heels & Floorwork (lvl 1+), Box Work (lvl 2+), Western Exotic Flow (lvl 2+), Pole Mechanics (lvl 2+), Fluidity and Flight (lvl 3+)

Pole Styling Classes: Low Flow, Lyrical Pole, Spin Pole Flow, Hard Pole

All classes are drop-in friendly unless noted as a series with ^{3/4}, for example, depicting the third class within a four-week series.

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Italicized classes are Choreography
Pink Classes require exotic platform shoes
Purple Classes are Conditioning



This calendar is only a pole group class reflection and not a full list of services available. Private lessons, personalized parties, and various wellness offerings are by appointment.