DECEMBER 2026

National Giving Month
Universal Human Rights Month

No walk-ins are accepted
Pre-registration or private appointments only
Appointments booked 7 days/week
Parties booked Friday - Sunday
Tours by appoinment all days

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Pole Studio

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HIV/AIDS Awareness Month
Learn a Foreign Language Month

70-min, Live Classes:
Single drop-in $30
Five/$125, Ten/$225
Playgrounds (Practice Time)
One/$14, Ten/$125, Twenty/$200
expires in three and six months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 *1:40p Pole Art Choreo (Lavender)* lvl 2+/2.5 3:05p Pole 2 4:30p Playground	**30** 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 3:05p Pole 2 5:55p Climbing 5:55p Beginner Belly Dance 4/4 (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	**1** 3:05p Playground 4:30p Pole 2 5:55p Let's Spin! (Sunnii) lvl 2+ *7:20p Low Flow (Ashley)* lvl 2	**2** 10:50a Barre Intensity (Steve) **5:35p Intro to Pole** *7:20p Basework & Fluidity (Saudi)* lvl 2.5+ ~~*7:20p Strong & Bendy (Valkyrie) - Annex*~~ 8:45p Playground	**3** 9:25a Soft Strength: Stretch & Flow 5:55p Hula Hoop (Lindsay) 5:55p Strong & Bendy (Thea) - Annex 5:55p It's Tricky (Ashley) lvl 2+ 7:20p Pole Tricks (Claire) lvl 3+	**4** 4:30p Playground 5:55p Climbing 7:20p Pole Mechanics (Tess) 2++ **9pm Roll & Refresh Social**	**5** 10:50a Barre Intensity (Steve) - Annex 12:15p Inversion Training (Ruth) 2.5 1:40p Pole 3 (Tess) 3pm Glow&Groove Line Dance (Hazel) - Hall 3:05p Pole 2 4:30p Playground **7:30pm Sassy Saturday Cabaret**
6 12:15p Pole 2 (pending sub) *1:40p Pole Art Choreo (Saudi)* lvl 2+/2.5 3:05p Kitten Heels & Floorwork - Walking **4:30p Intro to Pole** ~~5:55p Playground~~	**7** **Delaware Day** 10:50a Barre Intensity (Steve) 4:30p Playground 5:55p Climbing 5:55p Beginner Belly Dance 1/4 (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	**8** **Bodhi Day** 3:05p Playground 4:30p Pole 2 5:55p Let's Spin! (Sunnii) lvl 2+ *7:20p Low Flow (Ashley)* lvl 2	**9** 10:50a Barre Intensity (Steve) 1pm Country Line Dance with Ray 2:15 Improver Country Line Dance 5:55p Newcomer Pole 2/8 *7:20p Basework & Fluidity (Saudi)* lvl 2.5+ 7:20p Strong & Bendy (Valkyrie) - Annex	**10** 9:25a Soft Strength: Stretch & Flow 5:55p Hula Hoop (Lindsay) 5:55p It's Tricky (Ashley) lvl 2+ 7:20p Pole Tricks (Claire) lvl 3+	**11** 4:30p Playground 5:55p Climbing 7:20p Pole Mechanics (Tess) 2++ **9p Grounded Rhythm Drum Circle**	**12** **Spirit of Christmas - New Castle** 10:50a Barre Intensity (Steve) 12:15p Inversion Training (Tess) 2.5 1:40p Pole 3 (Tess) 3:05p Pole 2 **4:30p Boxwork Wrkshp (Valkyrie)** lvl 2 **7:30pm Fiesta de Ascenso Latin Social**
13 *1:40p Pole Art Choreo (Lavender)* lvl 2+/2.5 3:05p Kitten Heels & Floorwork - Clacking 4:30p Newcomer Pole 2/8 5:55p Pole 2 (Valkyrie)	**14** 10:50a Barre Intensity (Steve) 4:30p Playground 5:55p Climbing 5:55p Beginner Belly Dance 2/4 (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	**15** 3:05p Playground 4:30p Pole 2 5:55p Let's Spin! (Sunnii) lvl 2+ *7:20p Low Flow (Ashley)* lvl 2 Holiday Special Choreo	**16** 10:50a Barre Intensity (Steve) 5:55p Newcomer Pole 3/8 *7:20p Basework & Fluidity (Saudi)* lvl 2.5+ 7:20p Strong & Bendy (Valkyrie) - Annex	**17** 9:25a Soft Strength: Stretch & Flow 5:55p Hula Hoop (Lindsay) 5:55p It's Tricky (Ashley) lvl 2+ 7:20p Pole Tricks (Claire) lvl 3+	**18** ~~4:30p Playground~~ 5:55p Climbing 7:20p Pole Mechanics (Tess) 2++ **9pm Floorplay: After Dark** **Candyland Playground**	**19** 10:50a Barre Intensity (Steve) 12:15p Inversion Training (Tess) 2.5 1:40p Pole 3 (Tess) 3pm Glow&Groove Line Dance (Hazel) - Hall 3:05p Pole 2 4:30p Playground **7:30p WstCstSwng Practice Social**
20 *1:40p Pole Art Choreo (Lavender)* lvl 2+/2.5 3:05p Kitten Heels & Floorwork - Turns 4:30p Newcomer Pole 3/8 5:55p Pole 2 (Valkyrie)	**21** **Winter Solstice** 10:50a Barre Intensity (Steve) 4:30p Playground 5:55p Climbing/Test Out for Pole 2 5:55p Beginner Belly Dance 3/4 (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	**22** 3:05p Playground 4:30p Pole 2 5:55p Let's Spin! (Sunnii) lvl 2+ *7:20p Low Flow (Ashley)* lvl 2	**23** 10:50a Barre Intensity (Steve) 1pm Country Line Dance with Ray 2:15 Improver Country Line Dance 5:55p Newcomer Pole 4/8 *7:20p Basework & Fluidity (Saudi)* lvl 2.5+ 7:20p Strong & Bendy (Valkyrie) - Annex	**24** Studio Closed for Holiday Eve	**25** **Christmas** **Hanukkah Begins** 4:30p Playground 5:55p Climbing/Test Out for Pole 2 ~~**9pm Hoop & Flow + Acro Jam**~~	**26** **Kwanzaa Begins** **10:30a Thready Flow Wrkshp (Val)** lvl 2+ 10:50a Barre Intensity (Steve) - Annex 12:15p Inversion Training (Tess) 2.5 1:40p Pole 3 (Tess) 3:05p Pole 2 4:30p Playground **7:30pm The Soda Saloon**
27 *1:40p Pole Art Choreo (Lavender)* lvl 2+/2.5 3:05p Kitten Heels & Floorwork - Juliettes 4:30p Newcomer Pole 4/8 5:55p Pole 2 (Valkyrie)	**28** 10:50a Barre Intensity (Steve) 12:15p Playground - Studio Only 4:30p Playground 5:55p Pole 2 5:55p Beginner Belly Dance 4/4 (Khuzama) - Annex 7:20p Frame & Foundation (Valkyrie) 7:20p Belly Dance Movement Lab (Khuzama)	**29** 3:05p Playground 4:30p Pole 2 5:55p Spin Pole Technique (Valkyrie) lvl 2+ *7:20p Low Flow (Ashley)* lvl 2	**30** 10:50a Barre Intensity (Steve) *7:20p Basework & Fluidity (Saudi)* lvl 2.5+ 7:20p Strong & Bendy (Valkyrie) - Annex	**31** **New Year's Eve** Studio Closed for Celebrations	Heels-optional, off-the-pole floorwork returns in January!	Group and Solo acts accepted for the **Spring Showcase: Villains & Vices** **Saturday, April 03 at 6:30pm** Look for group class registration Jan/Feb

Pole Technique Levels:
Beginner -- Pole Foundations (lvl 1) Climbing (lvl 1.5), Pole 2
Full Beginner -- It's Tricky! (lvl 2+), Let's Spin! (lvl 2+)
Low Intermediate Inversion Training (lvl 2.5),
Intermediate Pole 3 (lvl 3), Pole Tricks (lvl 3+)
Pole Dancing Levels: Kitten Heels & Floorwork (lvl 1+), Box Work (lvl 2+), Pole Mechanics (lvl 2++), *Pole Art Choreo (lvl 2+/2.5)*, *Basework & Fluidity (lvl 2.5+)*, *Fluidity and Flight (lvl 3+)*

All classes are drop-in friendly unless noted as a series with 3/4, for example, depicting the third class within a four-week series.

Italicized classes are Choreography
Pink Classes require exotic platform shoes
Purple Classes are Fitness sessions for any level or practice

This calendar is only a group class reflection and not a full list of services available. Private lessons, personalized parties, and various wellness offerings are by appointment.

Monthly Jams

Floorplay: After Dark
pole sanctuary, includes spotlights
18+ only, $14 per person
playground package applicable

Grounded Rhythm Drum Circle
Music, Dance, Connection
Free, community-led gathering.
Bring your instruments and flow.

Hoop & Flow + Acro Jam
a casual sandbox for movement arts
18+ only, $14 per person
playground package applicable

Parties

Fiesta de Ascenso Latin Party
salsa/bachata/merengue/chacha/cumbia
lite fare with water / refreshment bar
18+ only, $15 per person

Sassy Saturday Cabaret
a sultry, supportive lounge night
lite fare with water / refreshment bar
18+ only, $15 per person

The Soda Saloon
boot-scootin' country line dance party
lite fare with water / refreshment bar
18+ only, $15 per person

Socials

Roll & Refresh Social
mobility & recovery lounge w/refreshment bar
18+ only, $14 per person
playground package applicable

West Coast Swing Practice Social
relaxed space for practice and social dancing
water included
18+ only, $10 per person

Parties, Private lessons, and Room Rentals are booked seven days a week. Email hello@floorplaydance.com