



JANUARY 2026

No walk-ins are accepted
Pre-registration or private appointments only
Appointments booked 7 days/week
Parties booked Friday - Sunday

www.floorplaystudio.com
302-307-9158
dance@floorplaystudio.com

Suite 202 Pole Studio

70-min, Live Classes:
Single drop-in \$30
Five/\$125, Ten/\$225

Playgrounds (Practice Time)
One/\$14, Ten/\$125, Twenty/\$200
expires in three and six months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parties and Private lessons are booked seven days a week.			Italicized classes are Choreography Pink Classes require exotic platform shoes Purple Classes are Conditioning			
				New Years Day		
				1	2	3
				Be Safe! Have a Happy Day XO	4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{lv2+} (Tess)	12:15p Pole Mechanics (Tess) ^{lv2+} 1:40p Inversion Training (Tess) ^{lv1.2.5} 3:05p Intro to Pole -- FULL! 4:30p Pole 2 5:55pm Boxwork Workshop
4	5	6	7	8	9	10
1:40p Playground 3:05 Climbing 4:30p Chair/Pole Play (Ann) ^{lv2}	10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels & Floorwork	3:05p Pole 2 4:30p Playground 5:55p Climbing 7:20p Low Flow (Ashley) ^{lv2}	10:50a Combos&Conditioning (Ann) ^{2+/2.5} 5:55p Flex Appeal (Thea) <NEW!> 7:20p Intro to Pole -- FULL! 8:45p Playground	9:25a Soft Strength: Pole Stretch & Flow 5:55p It's Tricky (Ashley) ^{lv2+} 7:20p Pole 3 (Claire)	4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{lv2+}	12:15p Pole Mechanics (Tess) ^{lv2+} 1:40p Inversion Training (Tess) ^{lv1.2.5} 3:05p Newcomer Pole ^{2/8} 4:30p Pole 2 5:55p Playground
11	12	13	14	15	16	17
1:40p Playground 3:05 Climbing 4:30p Chair/Pole Play (Ann) ^{lv2}	10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels & Floorwork	3:05p Pole 2 4:30p Playground 5:55p Climbing 7:20p Low Flow (Ashley) ^{lv2}	10:50a Combos&Conditioning (Ann) ^{2+/2.5} 5:55p Flex Appeal (Thea) 7:20p Newcomer Pole ^{2/8} 8:45p Playground	9:25a Soft Strength: Pole Stretch & Flow 5:55p It's Tricky (Ashley) ^{lv2+} 7:20p Pole 3 (Claire)	4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{lv2+} 9pm Floorplay: After Dark	12:15p Pole Mechanics (Tess) ^{lv2+} 1:40p Inversion Training (Tess) ^{lv1.2.5} 3:05p Newcomer Pole ^{3/8} 4:30p Pole 2 5:55p Playground
18	19	20	21	22	23	24
1:40p Playground 3:05 Climbing 4:30p Chair/Pole Play (Ann) ^{lv2}	MLK Day 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels & Floorwork	3:05p Pole 2 4:30p Playground 5:55p Climbing/Test Out 7:20p Low Flow (Ashley) ^{lv2}	10:50a Combos&Conditioning (Ann) ^{2+/2.5} 5:55p Flex Appeal (Thea) 7:20p Newcomer Pole ^{3/8} 8:45p Playground	9:25a Soft Strength: Pole Stretch & Flow 5:55p It's Tricky (Ashley) ^{lv2+} 7:20p Pole 3 (Claire)	4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{lv2+}	12:15p Pole Mechanics (Tess) ^{lv2+} 1:40p Inversion Training (Tess) ^{lv1.2.5} 3:05p Newcomer Pole ^{4/8} 4:30p Pole 2 5:55p Playground
25	26	27	28	29	30	31
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Pole Technique Levels: Foundations, Climbing, Pole 2, It's Tricky, Pole Mechanics, Freestyle & Flow, Combos & Conditioning, Inversion Training, Pole 3 Pole Dancing Levels: Kitten Heels & Floorwork, Box Work, Western Exotic Flow Pole Styling Classes: Low Flow, Basework, Pole Play			Kitten Heels & Floorwork: Day 1: Walk, Crouch, Turn Day 2: Clacking & Floorwork Day 3: Consecutive Turns Day 4: Juliettes & Leggydoos Choreo Series open this month -- three options with Ashley and Ann!		Floorplay: After Dark Every 3rd Friday of the month! Pajamas party, theme optional, desserts included, 18+, \$15 pp Feb Theme: Naughty Gras	

All classes are drop-in friendly unless noted as a series with ^{3/4}, for example, depicting the third class within a four-week series.



302-307-9126

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hello@floorplaydance.com

Suite 201 - Yoga Nest & Dance Hall

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:40p Playground -- Annex 5pm Advanced Beginner West Coast Swing	7:20p Playground - Annex 7:30p Intermediate West Coast Swing	10:30a Guided Meditation 4:30p Playground 5:30p Hula Hoop (Lindsay) 8p Confident Beg West Coast Swing	1pm Country Line Dance ^{2nd & 4th} 5:30p Hula Hoop (Lindsay) 8:45p Playground	10:30a Guided Meditation	4:30p Playground 8pm Total Beginner WCSwing Jan 30th, 6-week series	3pm Glow&Groove Line Dance 1st, 3rd, 5th Saturdays (Hazel) 4pm Restorative Yoga Wrkshp January 31st only 5pm Confident Beg. Brazilian Zouk Jan 3rd, 4-week series 5:55p Playground

Partner Dance Key: Total Beginner, lv1 0 / Advanced Beginner, lv1 1 / Confident Beginner, lv1 1.5 / Intermediate, lv1 2 / High Intermediate, lv1 2.5 / Advanced, lv1 3

2026 Conventions: **Freedom Swing** Jan 23-25 **Art of the Belly** Mar 26-29 **PoleCon** May 28-31 **Philly Swing** Sept 25-27 **Swustlicious** Oct 16-18 **Swingle Bell Rock** Dec 03-06

