



JANUARY 2026

No walk-ins are accepted
Pre-registration or private appointments only
Appointments booked 7 days/week
Parties booked Friday - Sunday

www.floorplaystudio.com
302-307-9158
dance@floorplaystudio.com

Suite 202
Pole Studio

70-min, Live Classes:
Single drop-in \$30
Five/\$125, Ten/\$225

Playgrounds (Practice Time)
One/\$14, Ten/\$125, Twenty/\$200
expires in three and six months

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Parties and Private lessons are booked seven days a week.		Italicized classes are Choreography Pink Classes require exotic platform shoes Purple Classes are Conditioning		New Years Day Be Safe! Have a Happy Day XO	1 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{IV2+} (Tess)	2 12:15p Pole Mechanics (Tess) ^{IV2+} 1:40p Inversion Training (Tess) ^{M 2.5} 3:05p Intro to Pole -- FULL! 4:30p Pole 2 5:55pm Boxwork Workshop
4 1:40p Playground 3:05 Climbing 4:30p Chair/Pole Play (Ann) ^{M 2}	5 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels & Floorwork	6 3:05p Pole 2 4:30p Playground 5:55p Climbing 7:20p Low Flow (Ashley) ^{IV 2}	7 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 9:25a Soft Strength: Pole Stretch & Flow 5:55p Flex Appeal (Thea) <NEW! 7:20p Intro to Pole -- FULL! 8:45p Playground	8 9:25a Soft Strength: Pole Stretch & Flow 5:55p It's Tricky (Ashley) ^{IV 2+} 7:20p Pole 3 (Claire)	9 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{IV2+}	10 12:15p Pole Mechanics (Tess) ^{IV2+} 1:40p Inversion Training (Tess) ^{M 2.5} 3:05p Newcomer Pole ^{2/8} 4:30p Pole 2 5:55p Playground
11 1:40p Playground 3:05 Climbing 4:30p Chair/Pole Play (Ann) ^{M 2}	12 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels & Floorwork	13 3:05p Pole 2 4:30p Playground 5:55p Climbing 7:20p Low Flow (Ashley) ^{IV 2}	14 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 9:25a Soft Strength: Pole Stretch & Flow 5:55p Flex Appeal (Thea) 7:20p Newcomer Pole ^{2/8} 8:45p Playground	15 5:55p It's Tricky (Ashley) ^{IV 2+} 7:20p Pole 3 (Claire)	16 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{IV2+} 9pm Floorplay: After Dark	17 12:15p Pole Mechanics (Tess) ^{IV2+} 1:40p Inversion Training (Tess) ^{M 2.5} 3:05p Newcomer Pole ^{3/8} 4:30p Pole 2 5:55p Playground
18 1:40p Playground 3:05 Climbing 4:30p Chair/Pole Play (Ann) ^{M 2}	19 MLK Day 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels & Floorwork	20 3:05p Pole 2 4:30p Playground 5:55p Climbing/Test Out 7:20p Low Flow (Ashley) ^{IV 2}	21 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 9:25a Soft Strength: Pole Stretch & Flow 5:55p Flex Appeal (Thea) 7:20p Newcomer Pole ^{3/8} 8:45p Playground	22 5:55p It's Tricky (Ashley) ^{IV 2+} 7:20p Pole 3 (Claire)	23 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{IV2+}	24 12:15p Pole Mechanics (Tess) ^{IV2+} 1:40p Inversion Training (Tess) ^{M 2.5} 3:05p Newcomer Pole ^{4/8} 4:30p Pole 2 5:55p Playground
25 1:40p Playground 3:05 Climbing/Test Out 4:30p Chair/Pole Play (Ann) ^{M 2}	26 10:50a Freestyle & Flow (Ann) ^{2+/2.5} 5:55p Pole 2 7:20p Playground 8:45p Kitten Heels & Floorwork	27 4:30p Playground 5:55p Pole 2 7:20p Low Flow (Ashley) ^{IV 2}	28 10:50a Combos&Conditioning (Ann) ^{2+/2.5} 9:25a Soft Strength: Pole Stretch & Flow 5:55p Flex Appeal (Thea) 7:20p Newcomer Pole ^{4/8} 8:45p Playground	29 5:55p It's Tricky (Ashley) ^{IV 2+} 7:20p Pole 3 (Claire)	30 4:30p Playground 5:55p Pole 2 7:20p Pole Mechanics (Tess) ^{IV2+}	31 12:15p Pole Mechanics (Tess) ^{IV2+} 1:40p Inversion Training (Tess) ^{M 2.5} 3:05p Climbing 4:30p Pole 2 5:55p Playground
<p>Pole Technique Levels: Foundations, Climbing, Pole 2, It's Tricky, Pole Mechanics, Freestyle & Flow, Combos & Conditioning, Inversion Training, Pole 3</p> <p>Pole Dancing Levels: Kitten Heels & Floorwerk, Box Work, Western Exotic Flow</p> <p>Pole Styling Classes: Low Flow, Basework, Pole Play</p>			<p>Kitten Heels & Floorwerk: Day 1: Walk, Crouch, Turn Day 2: Clacking & Floorwerk Day 3: Consecutive Turns Day 4: Juliettes & Leggydoos</p> <p>Choreo Series open this month -- three options with Ashley and Ann!</p>		<p>Floorplay: After Dark Every 3rd Friday of the month! Pajamas party, theme optional, desserts included, 18+, \$15 pp</p> <p>Feb Theme: Naughty Gras</p>	

All classes are drop-in friendly unless noted as a series with ^{3/4}, for example, depicting the third class within a four-week series.



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Suite 201 - Yoga Nest & Dance Hall

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:40p Playground -- Annex 5pm Advanced Beginner West Coast Swing		10:30a Guided Meditation 4:30p Playground 5:30p Hula Hoop (Lindsay) 8p Confident Beg West Coast Swing	1pm Country Line Dance ^{2nd & 4th} 5:30p Hula Hoop (Lindsay) 8:45p Playground	10:30a Guided Meditation	4:30p Playground 8pm Total Beginner WCSwing Jan 30th, 6-week series	3pm Glow&Groove Line Dance 1st, 3rd, 5th Saturdays (Hazel) 4pm Restorative Yoga Wrkshp January 31st only 5pm Confident Beg. Brazilian Zouk Jan 3rd, 4-week series 5:55p Playground

Partner Dance Key: Total Beginner, lvl 0 / Advanced Beginner, lvl 1 / Confident Beginner, lvl 1.5 / Intermediate, lvl 2 / High Intermediate, lvl 2.5 / Advanced, lvl 3

2026 Conventions: **Freedom Swing** Jan 23-25 **Art of the Belly** Mar 26-29 **PoleCon** May 28-31 **Philly Swing** Sept 25-27 **Swustlicious** Oct 16-18 **Swingle Bell Rock** Dec 03-06

